

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key

- BLUE** – Off Campus
- RED** – Media Room
- GREEN** – Maple Room
- BLACK** – Sugar House
- PURPLE** – Lilac Room
- Brown** – Coffee Shop



Don't miss the Launch of our Brain Fitness Program!

<p>8:00am – Recycling</p> <p>9:00am – Blood Pressure Checks</p> <p>9:00am – Pedicures w/ Kristina in Spa Room</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Movie Premiere "No Where Boy"</p> <p>6:30pm- Bridge Group <small>All Fools' Day</small></p>	<p>10:00am – Shopping In Wolfeboro</p> <p>11:00am – OTSHG Exercise</p> <p>2:00pm – TV series "Land Girls"</p>	<p>9:00am – Massage w/ Vincent</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>11:00am – Folk Fellowship</p> <p>Artist TJ Wheelar Concert</p> <p>1:30pm – Origami lantern Class pt 1</p> <p>2:00pm – Dogs Documentary esp.5</p>	<p>9:00am – Shopping Walmart in Rochester</p> <p>10:00am – Ping Pong</p> <p>11:00am – OTSHG Exercise</p> <p>2:00pm – Social Committee</p> <p>5:00pm – Pub Night</p> <p>6:30pm- Bridge Group</p>	<p>9:30am – Tablescapes Trip</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Documentary: Virunga</p> <p>4:00pm – Singing Group</p>	
<p>9:00am – Manicures w/ Kristina in Spa Room</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Movie Premiere "Lion"</p> <p>6:30pm- Bridge Group</p>	<p>9:00am – Men's Breakfast</p> <p>10:00am – Stock Club</p> <p>10:00am – Shopping In Wolfeboro</p> <p>11:00am - Dermatology Visit</p> <p>11:00am – OTSHG Exercise</p> <p>2:00pm – TV series "Land Girls"</p>	<p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Book Club</p> <p>2:00pm – Dogs Documentary esp.6</p>	<p>9:00am – Shopping In Wolfeboro</p> <p>9:30am – SHRC BOD</p> <p>10:00am – Ping Pong</p> <p>11:00am – OTSHG Exercise</p> <p>1:00pm – Dakim Brian Fitness Launch Party</p> <p>6:30pm- Bridge Group</p>	<p>9:00am – Trip to the Hood Museum</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Documentary: Icarus</p> <p>4:00pm – Singing Group</p>	
<p>8:00am – Recycling</p> <p>9:00am – Pedicures w/ Kristina in Spa Room</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Movie Premiere "The Music of Silence"</p> <p>6:30pm- Bridge Group</p> <p><small>Palm Sunday</small></p>	<p>9:30am – Resident's Meeting</p> <p>10:00am – Shopping In Wolfeboro</p> <p>11:00am – OTSHG Exercise</p> <p>2:00pm – TV series "Land Girls"</p>	<p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>11:30am – Dining Out at Lyon's Den</p> <p>2:00pm – Movie Premiere: "I Tonya"</p> <p>3:00pm – Bingo</p>	<p>9:00am – Shopping In Wolfeboro</p> <p>10:00am – Ping Pong</p> <p>11:00am – OTSHG Exercise</p> <p>1:00pm – Rev. Gina</p> <p>2:00pm – Knitting Group</p> <p>6:30pm- Bridge Group</p>	<p>10:00am – Social Hour</p> <p>9:00am – Bowling Trip to Funspot</p> <p>10:30am – Billiards</p> <p>2:00pm – Documentary: What Happened to Miss Simone</p> <p>4:00pm – Singing Group</p> <p><small>Good Friday</small></p>	
<p>12:30pm – Easter Brunch</p> <p><i>Happy Easter!</i></p>  <p><small>Earth Day</small></p>	<p>9:00am – Manicures w/ Kristina in Spa Room</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Movie Premiere "Easter Parade"</p> <p>6:30pm- Bridge Group</p>	<p>9:00am – Ladies Breakfast</p> <p>10:00am – Stock Club</p> <p>10:00am – Shopping In Wolfeboro</p> <p>11:00am – OTSHG Exercise</p> <p>1:00pm – Paint the Town Art Class</p> <p>2:00pm – TV series "Land Girls"</p>	<p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>1:30pm – Origami lantern Class pt 2</p> <p>2:00pm – Movie Premiere: "Mary Poppins Returns"</p>	<p>9:00am – Shopping In Wolfeboro</p> <p>10:00am – Ping Pong</p> <p>11:00am – OTSHG Exercise</p> <p>1:00pm – Dr. Hammond</p> <p>6:30pm- Bridge Group</p> <p><small>Arbor Day</small></p>	<p>9:30am – Chef Forum</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Documentary: Paleo Way</p> <p>4:00pm – Singing Group</p>
<p>8:00am – Recycling</p> <p>10:00am – Social Hour</p> <p>10:30am – Billiards</p> <p>2:00pm – Movie Premiere "The Soloist"</p> <p>6:30pm- Bridge Group</p>	<p>9:00am – Stockbridge Trip to Norman Rockwell Museum</p> <p>10:00am – Shopping In Wolfeboro</p> <p>11:00am – OTSHG Exercise</p> <p>2:00pm – TV series "Land Girls"</p>	<h1>April 2019</h1> <h2>Sugar Hill Retirement Community</h2> <h3>Activity & Trip Calendar</h3>			

If you have questions or need additional information on any of the activities or events listed, please call Christina at 569-8485 Thank you.